



Anwar's Allergen Information!

Our foods are made with vegetable oil containing genetically modified soya. some of our dishes may contain Cereal Gluten, Peanuts, Nuts, Milk, Soya, Mustard, Lupin, Eggs, Fish, Crustaceans, Sesame Seeds, Celery, Sulphur Dioxide.



Menu Item	Cereal Gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Mollusks	Sesame Seeds	Celery	Sulphur Dioxide
STARTERS														
Plain Poppadom	●													
Spicy Poppadom	●													
Mint Sauce				●										
Onion Salad														
Mango Chutney														
Mixed Pickle														
Onion Bhajee							●	●						
Meat Samosa	●				●		●							
Vegetable Samosa	●				●		●							
Chicken Samosa	●				●									
Chicken Tikka				●		●								
Lamb Tikka				●		●								
Anwars Nawabi Lamb Chops				●		●								

Menu Item	Cereal Gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Mollusks	Sesame Seeds	Celery	Sulphur Dioxide
Anwars Sheek Kebab								●						
Tandoori King Prawns				●		●				●				
Mixed Tandoori Starter				●		●		●						
King Prawn Butterfly	●							●		●				
Chicken Chat on Puree	●													
Prawn on Puree	●									●				
King Prawn Puree	●									●				
Jhingha Garlic						●								
Aloo Palak Ki Tikki	●			●			●	●						
Chili Paneer				●										
Veg Mix platter -	●			●				●						
Tandoori Mix platter				●	●			●						
Combo Platter	●			●	●			●						
Tandoori Dishes														
Chicken Tikka				●		●								
Lamb Tikka				●		●								
Chicken Tikka Harylal				●		●								
Lamb Tikka Harylal				●		●								
Tandoori Chicken				●		●								
Tandoori Mixed Grill				●		●		●						
Anwars Special Mixed Grill				●		●		●		●				
Anwars Nawabi Lamb Chops				●		●								
Anwars Grilled Salmon				●		●			●					
Tandoori King Prawns				●		●				●				

Menu Item	Cereal Gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Mollusks	Sesame Seeds	Celery	Sulphur Dioxide
Tengha Meeta														
Desi Chicken				●										
Bullet Naga				●										
Garlic Chicken				●										
Butter Chicken				●										
Lamb Beef Dishes														
Methi Sag Gosth						●								
Lamb Passanda			●	●		●								
Anwars Special Lamb Boohna				●		●								
Lamb Rezella				●		●								
Dabadi Gosth				●		●								
Lamb Tikka Massala				●		●								
Lamb Shank														
Dum Lamb Biriany				●										
Beef Randak														
Sizzling Beef														
Sylhetti Lamb Chops				●										
Keema Allo Peas														
Shatkora Lamb														
Kabuli Gosht														
Seafood Dishes														
Stuffed Calamari	●									●				
Ginger Lime Seabass						●			●					

Menu Item	Cereal Gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Mollusks	Sesame Seeds	Celery	Sulphur Dioxide
King Prawn Moglai			●	●		●				●				
Chingri Sag Ponir				●	●	●				●				
Anwars Fish Special				●		●			●					
Salmon Tikka Massala				●		●			●					
King Prawn Achari										●				
Traditional British Dishes Korma														
Chicken				●										
Lamb				●										
Chicken Tikka				●		●								
Lamb Tikka				●		●								
Prawns				●						●				
King Prawns				●						●				
Vegetable				●										
Traditional British Dishes Balti														
Chicken		●	●			●								
Lamb		●	●			●								
Chicken Tikka		●	●			●								
Lamb Tikka		●	●			●								
Prawns		●	●			●				●				
King Prawns		●	●			●				●				
Vegetable		●	●			●								

Menu Item	Cereal Gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Mollusks	Sesame Seeds	Celery	Sulphur Dioxide
Traditional British Dishes Boohna														
Chicken														
Lamb														
Chicken Tikka				●		●								
Lamb Tikka				●		●								
Prawns														
King Prawns														
Vegetable						●								
Traditional British Dishes Dupiaza														
Chicken														
Lamb														
Chicken Tikka				●		●								
Lamb Tikka				●		●								
Prawns														
King Prawns														
Vegetable						●								
Traditional British Dishes Korai														
Chicken														
Lamb														
Chicken Tikka				●		●								

Menu Item	Cereal Gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Mollusks	Sesame Seeds	Celery	Sulphur Dioxide
Lamb Tikka				●		●								
Prawns														
King Prawns														
Vegetable						●								
Traditional British Dishes Rogan														
Chicken														
Lamb														
Chicken Tikka				●		●								
Lamb Tikka				●		●								
Prawns														
King Prawns														
Vegetable						●								
Traditional British Dishes Sag														
Chicken														
Lamb							●							
Chicken Tikka				●		●	●							
Lamb Tikka				●		●	●							
Prawns							●							
King Prawns							●							
Vegetable						●	●							

[illegible]

Menu Item	Cereal Gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Mollusks	Sesame Seeds	Celery	Sulphur Dioxide
King Prawns														
Vegetable						●								
Traditional British Dishes Madras/Vindaloo														
Chicken														
Lamb														
Chicken Tikka				●		●								
Lamb Tikka				●		●								
Prawns														
King Prawns														
Vegetable						●								
Biryani Dishes														
Chicken														
Lamb														
Chicken Tikka				●		●								
Lamb Tikka				●		●								
Prawns										●				
King Prawns										●				
Duck Tikka														
Mixed Vegetable						●								
Mixed Biryani														
Anwars Special Biryani				●		●		●						

Menu Item	Cereal Gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Mollusks	Sesame Seeds	Celery	Sulphur Dioxide
Veg Main Dishes														
Sabji Massala				●		●								
Begun Ponir				●	●									
Sabji Korai						●								
Sabji Makanwali				●		●								
Ponir Kurchan					●									
Ponir Sabji Bahar					●	●								
Veg Side Dishes														
Nirmish						●								
Vegetable Curry						●								
Bindi														
Sag Bhajee						●	●							
Tarka Dal							●							
Dall Samba							●							
Mushroom Bhajee														
Cauliflower Bhajee														
Bombay Aloo						●								
Chana Massala														
Chana Ponir				●	●									
Aloo Gobi						●								
Sag Ponir				●	●		●							
Aloo Ponir				●	●									
Sag Aloo						●	●							
Sesame Courgettes						●								

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Cauliflower Pumpkin														
Brinjal Bhajee														
Rice														
Garlic Chicken Rice														
Special Rice								●						
Mushroom Rice														
Fruit & Nut Rice			●											
Egg Rice								●						
Coconut Rice			●											
Keema Rice														
Boiled Rice														
Raitha Cucumber				●										
Bread														
Keema Naan	●			●			●	●						
Garlic Naan	●			●			●	●						
Cheese Naan	●			●			●	●						
Plain Naan	●			●			●	●						
Tikka Naan	●			●			●	●						
Peshwari Naan	●		●	●			●	●				●		
Vegetable Parata	●						●							
Aloo Parata	●						●							
Parata	●						●							
Puree	●						●							
Chapathi	●						●							